

6 DAYS & 5 NIGHTS YOGA RETREAT

CHOOSE YOUR DATES FROM 01 – 06 JUNE 2025,
19 – 24 OCTOBER 2025, 26 – 31 MARCH 2026



Our Yoga Retreats are available for
a maximum of 16 people.

Standard payment and cancellation
policy applies.

*Enjoy one of our great villas and have 6 days of
pure relaxation and dynamic activities.*

INCLUDES

- All meals and drinks
- 2 x 30 min. massage
- 5 x Yoga sessions
- 1 x Aikido instruction
- 1 x Kickboxing
- 1 x Snorkeling
- 1 x Horseback riding on the beach
- 1 x Sunset cruise

\$6.920 PER PERSON SHARING

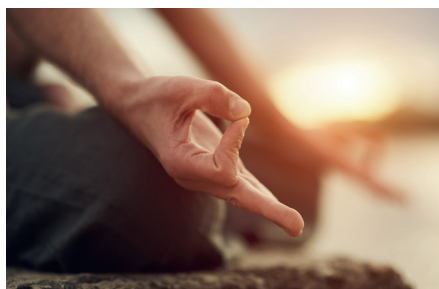
Media Reisen Lufthansa City Center
Petersgraben 33, 4051 Basel
info@mediareisen.ch, Tel. 061 260 92 60

TIME TABLE

Yoga Retreat

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
	Morning Yoga	Morning Yoga	Morning Yoga	Morning Yoga	Morning Yoga
	Breakfast	Breakfast on the beach	Breakfast	Breakfast	Breakfast
Arrival	30 min. massage	Horseback riding	30 min. massage	SUP	Departure
Healthy Lunch	Healthy Lunch	Healthy Lunch	Healthy Lunch	Healthy Lunch	
Get to know the Group with Evening Drinks and Canapes	Kickboxing	Snorkeling	Aikido instruction	Sunset sail with Snacks	
Dinner	Dinner	Dinner	Dinner	Dinner	

*Relaxation and activities are subject to change due to weather and organizational reasons.
In between, you have time to enjoy the beautiful Xanadu Luxury Villas and Retreat.*



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Now you can breathe...